

# NORTHVIEW HIGH SCHOOL VOLLEYBALL

CHAD J. RUTKOWSKI, M.ED., HEAD COACH



May 5, 2019

Thank you to all who came to our Pre-Season Athlete and Parents Meeting on April 15, 2019 at Northview. If you missed this meeting but would like to have information sent directly to you, please E-mail Head Coach, Chad Rutkowski.

A few quick housekeeping items from the [April Edition of Chalk Talk](#):

- Please subscribe to the Northview Volleyball calendar online:
  - Computers and Mobile Devices: <https://tinyurl.com/ya5c3giz>
    - Please use this link and this link only to view the official calendar for Northview Volleyball.
    - If the tinyurl link above is not working, here is the full link that should work with whatever calendar provider you are using on your desktop or your mobile device
      - [webcal://p18-calendars.icloud.com/published/2/TFuYeTgIMLSBjvc41yp4-lJrcXAKWDbLBM9r75Rngpt6uqcTf5jWkF0xIMxS8qouIzs9a4sQPebji30VzaY7-pP0tBzDUPtQdDQHoz697dl](https://webcal://p18-calendars.icloud.com/published/2/TFuYeTgIMLSBjvc41yp4-lJrcXAKWDbLBM9r75Rngpt6uqcTf5jWkF0xIMxS8qouIzs9a4sQPebji30VzaY7-pP0tBzDUPtQdDQHoz697dl)

## SUMMER VOLLEYBALL CAMPS FOR HIGH SCHOOL AND JUNIOR HIGH

Leading up to the season, we traditionally host a Summer Camp here at Northview for all athletes. This year's camp will take place July 29, 30, and 31, 2019 from 9:00 A.M. to 2:15 P.M. for high school students (9<sup>th</sup> – 12<sup>th</sup> graders based on their grade in the fall of 2019) and 2:15 P.M. to 4:15 P.M. for junior high students (7<sup>th</sup> – 8<sup>th</sup> graders based on their grade in the fall of 2019) and will consist of outside coaches who will prepare our athletes for the upcoming season with sound technique, competition and team building. We host this camp in addition to our ten (10) permitted coaching days that we are allotted throughout the summer. This camp will truly prepare us for a great start to the season. Click the banner below for the link to the website to register. This is highly encouraged for all athletes.

Deadline to register for camp is May 31, 2019. The price will increase from \$175.00 to \$200.00 per camper.



## SUMMER VOLLEYBALL CAMPS FOR YOUTH

Please help us to promote this event on your social media and through your channels. [For a sharable link, click here.](#) This is one of our largest fundraisers of the season, raising nearly \$2,000 for Northview Volleyball.

Every year, the Northview Volleyball program offers a summer volleyball camp through the Sylvania Rec for students grades 4<sup>th</sup> – 8<sup>th</sup> (based on their grade in the fall of 2019). This year's camp information can be found below. We will be asking for the high school athletes to help coach during this camp in which they would be eligible to receive service hours.

The coaching staff and players will offer on-court instruction in the following areas: serving, serve receive, setting, attacking, defense, blocking.

**Who:** 4<sup>th</sup> – 8<sup>th</sup> Grade

**Dates:** June 10 – June 13

**Time:** 8:30 A.M. – 10:00 A.M.

**Fee:** \$60 (includes t-shirt)

**Deadline:** June 7

**Location:** Northview High School Gymnasium

**Instructors:** Northview Coaching Staff & Players, led by 2018 Ohio High School Division 1 Coach of the Year, Chad Rutkowski

[More information on this camp can be found on the website here.](#)

## SPIRIT WEAR FOR UPCOMING SEASON

This year's spirit wear order form will be identical to last year and should be completed and returned in Excel (we will E-mail it when it becomes available). This form will be due on August 2, 2019 after teams are announced on August 1, 2019. The sooner you turn this in, the better, upon you receiving it. We will order only those orders for individuals that make the program after August 1<sup>st</sup> Tryouts.

## **SUMMER SAND VOLLEYBALL – CLUB AND LEAGUES**

Summer sand volleyball has grown in popularity over the past few years. Playing 2s sand volleyball is one of the most beneficial things for overall player development. Whether you are playing sand volleyball club or just a sand league, we have seen immense benefits and it is highly encouraged that you look to sign up for sand volleyball during this month because many things will start in the month of May.

## **OHSAA PRE-PARTICIPATION PHYSICAL EXAMS NEEDED**

This year, once again, Dr. Mickey Frame, Frame Acupuncture and Chiropractic, will offer Physical Examinations for Northview Volleyball players for \$25.00 per athlete. As a kind supporter of Northview Volleyball, Dr. Frame donates all money collected for Physical's back to Northview Volleyball. To schedule a physical with Dr. Frame, please call (419) 475-9355. All exams will take place at 3829 Woodley Rd, Toledo, OH 43606. As a reminder, all athletes need an OHSAA Pre-Participation Physical Exam form filled out and returned prior to participation. You will not be able to participate in my volleyball happenings until a physical has been turned in the coaching staff (this includes, but not limited to – open gyms, summer practices, conditioning, tryouts, leagues, etc.) [Click here to access this year's Physical Form.](#)

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### **Follow us on social media**

Facebook | [Sylvania Northview High School Volleyball @NVHSVBALL](#)

Twitter | [@NVHSVBALL](#)

Instagram | [@NVHSVBALL](#)

Northview Athletic Website – [www.northviewwildcats.org](http://www.northviewwildcats.org) – All Northview Volleyball resources can be found online! It is highly encouraged that you utilize the website as much as possible.

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The June Edition of Chalk Talk will have all of the spirit wear information, including the Excel order form, as well as additional items as the upcoming season ensues. Have a wonderful month a May, wrap up the club season on a strong note, enjoy your Memorial Day weekend and be ready for June 4<sup>th</sup> – first open gym date!

Do not forget to register for camp by May 31, 2019!

Yours in Sport,



**Chad J. Rutkowski, M.Ed.**

Head Volleyball Coach

NLL Champions | 1997 | 1998 | 1999 | 2003 | 2006 | 2015

Ohio High School Volleyball Coaches Association Division I Coach of the Year | 2018

Sylvania Northview High School | 5403 Silica Drive | Sylvania, OH 43560

[www.sylvanianorthview.org](http://www.sylvanianorthview.org)

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